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PALACE MERANO

HEALTH FOR LIFE

Prices 2024



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HEALTH FOR LIFE

## Palace Merano, wellbeing as a lifestyle

At Palace Merano, our mission centers around detoxification, preventive health interventions, and promoting longevity. These pillars form the core of our unwavering dedication to fostering overall wellness. The meticulously crafted treatments we offer are geared towards enhancing both physical and mental well-being, serving as a robust shield against the challenges of contemporary life. We firmly believe that genuine luxury resides in optimal health, and we pledge to support you on your path to revitalized vitality.

The Palace Merano method is based on functional, allopathic, and energy medicinal treatments for preventative purposes, combined with the holistic principles of Traditional Chinese, Medicine (TCM).

For over two decades, we have actively promoted preventive health by delivering thoughtfully crafted treatments and services, aiming to foster optimal well-being. Our distinctive and comprehensive approach begins with tailor-made treatment programs and includes continuous checkups and support to establish a healthier daily routine.

**We are committed to being your trusted partner on this journey to renewed health, offering our dedicated expertise.**



# Detox & Longevity

Purify the body, reactivate the metabolism, boost the immune system, and slow down cellular ageing.

## 6 DAYS

- Nutrition Detox
- 1 Bioenergy check-up
- 4 Bioenergy treatments
- 1 Body densitometry (DEXA scanner), subject to medical visit
- 1 Nutrition consultation
- 1 Post-treatment stage diet plan
- 1 Treatment with a choice between cryotherapy - floating – postural assessment
- 6 Energy massages
- 6 Hydro-energy treatments including three phases:
  - Hydro-aromatherapy sessions
  - Phyto-mud therapy sessions
  - Hydro-jet sessions

Prices from € 4.050,00  
Room accommodation not included

Extra: 3 compulsory medical visits

Visit  
Control  
Assistance  
€ 302,00

## 4 DAYS

- Nutrition Detox
- 1 Bioenergy check-up
- 3 Bioenergy treatments
- 1 Body densitometry (DEXA scanner) subject to medical visit
- 1 Nutrition consultation
- 1 Post-treatment stage diet plan
- 1 Treatment with a choice between cryotherapy - floating – postural assessment
- 4 Energy massages
- 4 Hydro-energy treatments including three phases:
  - Hydro-aromatherapy sessions
  - Phyto-mud therapy sessions
  - Hydro-jet sessions

Prices from € 2.800,00  
Room accommodation not included

Extra: 2 compulsory medical visits

Visit  
Control  
€ 212,00





# Sport & Remise en forme

The keyword is “vitality”: recharge your mind and body and re-energise through the Sport & Remise en forme programmes.

## 6 DAYS

- Nutrition Detox
- 1 Bioenergy check-up – sport index
- 4 Bioenergy treatments
- 1 Body densitometry (DEXA scanner), subject to medical visit
- 1 Nutrition consultation
- 1 Post-treatment stage diet plan
- 3 Vitamin-vital infusion complex, subject to medical visit
- 1 Postural assessment
- 6 Energy massages
- 6 Hydro-energy treatments including three phases:
  - Hydro-aromatherapy sessions
  - Phyto-mud therapy sessions
  - Hydro-jet sessions
- 3 Sessions with a personal trainer
- 3 “Outdoor walking” sessions with guide

**Prices from** € 4.950,00  
Room accommodation not included

**Extra: 3 compulsory medical visits**  
Visit  
Control  
Assistance  
€ 302,00

## 4 DAYS

- Nutrition Detox
- 1 Bioenergy check-up – sport index
- 3 Bioenergy treatments
- 1 Body densitometry (DEXA scanner), subject to medical visit
- 1 Nutrition consultation
- 1 Post-treatment stage diet plan
- 2 Vitamin-vital infusion complex, subject to medical visit
- 1 Postural assessment
- 4 Energy massages
- 4 Hydro-energy treatments including three phases:
  - Hydro-aromatherapy sessions
  - Phyto-mud therapy sessions
  - Hydro-jet sessions
- 2 Sessions with a personal trainer
- 2 “Outdoor walking” sessions with guide

**Prices from** € 3.600,00  
Room accommodation not included

**Extra: 2 compulsory medical visits**  
Visit  
Control  
€ 212,00





# Relax & Balance

Rediscover your inner balance with mind-body relaxation techniques and yogic breathing.

## 6 DAYS

- Nutrition: Detox or Biolight
- 1 Stress Index blood test
- 1 Bioenergy Check-up – stress index
- 4 Bioenergy treatments – anti-stress
- 1 Floating therapy
- 2 Yoga massages
- 6 Energy massages
- 6 Hydro-energy treatments including three phases:
  - Hydro-aromatherapy sessions
  - Phyto-mud therapy sessions
  - Hydro-jet sessions

Prices from€ 4.050,00

Room accommodation not included

Extra: 3 compulsory medical visits

Visit

Control

Assistance

€ 302,00

## 4 DAYS

- Nutrition: Detox or Biolight
- 1 Stress Index blood test
- 1 Bioenergy Check-up – stress index
- 3 Bioenergy treatments – anti-stress
- 1 Floating therapy
- 2 Yoga massages
- 4 Energy massages
- 4 Hydro-energy treatments including three phases:
  - Hydro-aromatherapy sessions
  - Phyto-mud therapy sessions
  - Hydro-jet sessions

Prices from€ 2.950,00

Room accommodation not included

Extra: 2 compulsory medical visits

Visit

Control

€ 212,00





# Anti-age

Naturally slow down the signs of ageing,  
regenerate your skin, and maintain a youthful silhouette.

## 6 DAYS

- Nutrition: Detox or Biolight
- 2 Anti-aging facials
- 1 Anti-aging Index blood test
- 3 Anti-aging Vital infusions complex, subject to medical visit
- 1 Facial examination
- 1 Body densitometry (DEXA scanner), subject to medical visit
- 6 Energy massages
- 6 Hydro-energy treatments including three phases:
  - Hydro-aromatherapy sessions
  - Phyto-mud therapy sessions
  - Hydro-jet sessions

**Prices from** € 4.190,00  
Room accommodation not included

### Extra: 3 compulsory medical visits

Visit  
Control  
Assistance  
€ 302,00

## 4 DAYS

- Nutrition: Detox or Biolight
- 2 Anti-aging facials
- 1 Anti-aging Index blood test
- 2 Anti-aging Vital infusions complex, subject to medical visit
- 1 Facial examination
- 1 Body densitometry (DEXA scanner), subject to medical visit
- 4 Energy massages
- 4 Hydro-energy treatments including three phases:
  - Hydro-aromatherapy sessions
  - Phyto-mud therapy sessions
  - Hydro-jet sessions

**Prices from** € 3.050,00  
Room accommodation not included

### Extra: 2 compulsory medical visits

Visit  
Control  
€ 212,00





# SPA Well-being

Treat yourself to a relaxing break for a healthy life.

## 6 DAYS

- Nutrition: Detox or Biolight
- 6 Energy massages
- 6 Hydro-energy treatments including three phases:
  - Hydro-aromatherapy sessions
  - Phyto-mud therapy sessions
  - Hydro-jet sessions

Prices from € 3.150,00  
Room accommodation not included

Extra: 2 compulsory medical visits  
€ 212,00

## 4 DAYS

- Nutrition: Detox or Biolight
- 4 Energy massages
- 4 Hydro-energy treatments including three phases:
  - Hydro-aromatherapy sessions
  - Phyto-mud therapy sessions
  - Hydro-jet sessions

Prices from € 2.140,00  
Room accommodation not included

Extra: 2 compulsory medical visits  
€ 212,00



# Modules to book in addition to programmes or hotel accommodation

Explore the benefits and effectiveness of the wellbeing and health treatments together with our team of experts. These modules allow you to start enjoying the Palace Merano experience in a shorter timeframe.

The Postural, Relaxation and Antiage modules can be combined with the treatment programmes or simply added to your stay.

## Postural Advanced

2 Osteopathy
1 Cryotherapy
1 Postural assessment
€ 430,00

## Postural Sport

2 Osteopathy
2 Cryotherapy
€ 385,00

## Relax & Floating

2 Yoga massages
1 Floating therapy
€ 365,00

## Advanced Anti-age

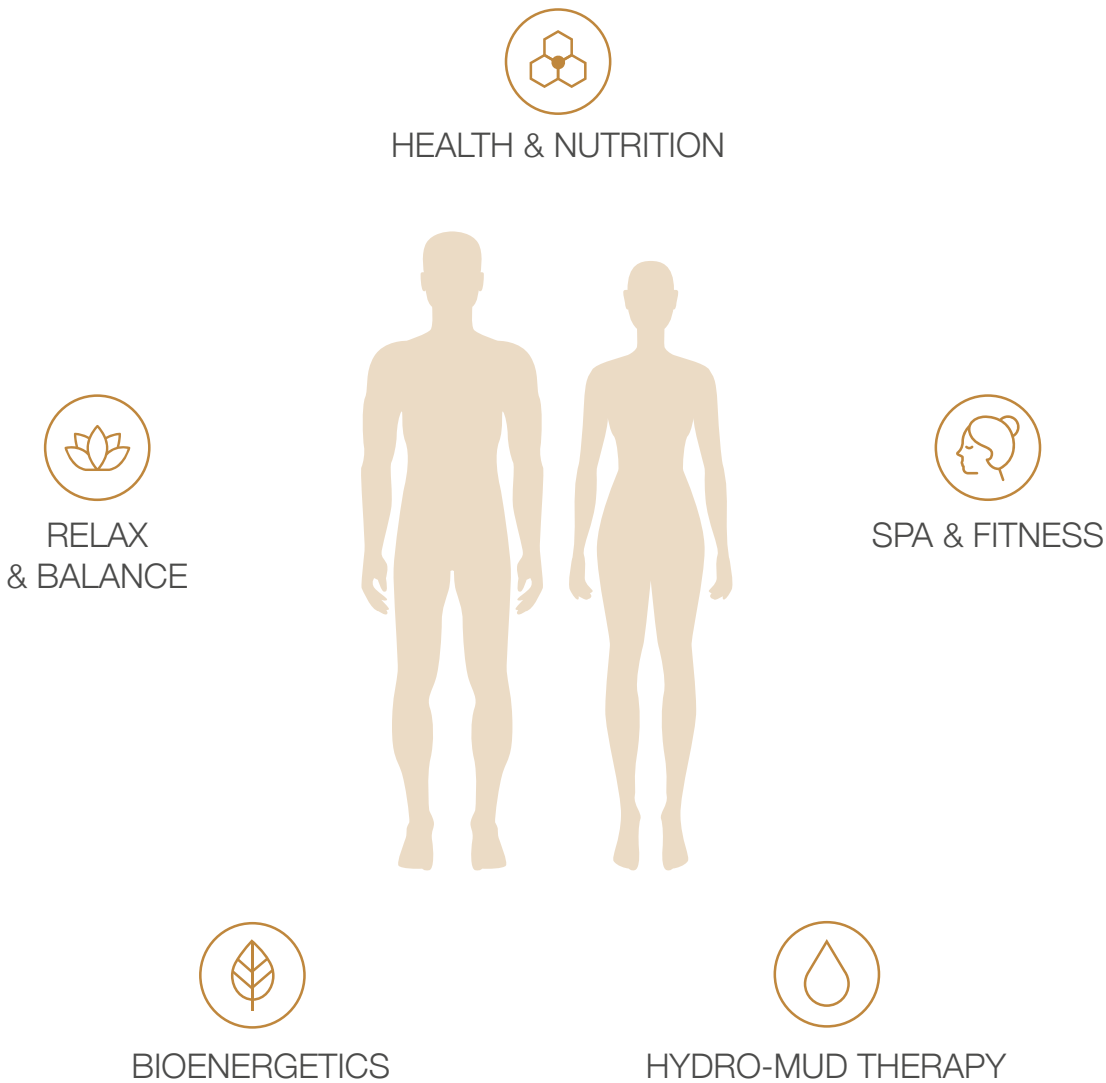
1 Facial examination
2 Facials
1 Plasmozonic
€ 520,00





# The departments

Five departments, a highly qualified team, totally personalised treatments for rediscovering vigour and vitality and a new aesthetic wellbeing.



The SPA Palace Merano has been completely renovated in 2023 and the **new Relax & Balance department** will be completed in 2024!

## HEALTH & NUTRITION

### Medical controls and treatments

Laboratory Analysis  
Body densitometry-bone density (DEXA Scanner)  
Colon hydrotherapy  
Osteopathy  
Physiotherapy  
Revitalizing therapy (infusions)  
Oxygen-ozone therapy  
Acupuncture  
Inhalation therapy

### Dietetics

Dietetic Consultation  
Food intolerance assessment  
Personal Diet plan  
Detox diet and Biolight menu  
Natural Cooking class

### High-tech aesthetic

Digital press  
Shock waves – Storz Medical  
Robolex  
TriLipo - body shaper  
Rexon-age  
Oxypolar  
Indiba® Deep Care  
Skineo  
Plasmozonic

### MesoJet

### Regain Style



## SPA & FITNESS

### Treatments

Energy massage  
Facial treatment (detox, anti ageing, drainage, brightening)  
Abdominal treatment  
Scalp treatment, including Head & Shoulder Massage  
Cellulite treatment  
Manual lymphatic massage  
Plantar reflexology

### Back treatment



### Traditional beauty treatments

Manicure  
French-manicure  
Pedicure  
Body depilatory treatments  
Peeling – body scrub

### Fitness

Personal training  
Pilates - Pilates Reformer  
Kinesis  
TRX  
Vacu power  
Outdoor walking

### Cryotherapy

### Postural Evaluation



Swimming, tennis, skiing, golf and mountain trekking lessons on request

## RELAX & BALANCE



Energetic awakening  
Yoga massage  
Floating therapy  
Mindfulness  
Total relax  
Connective-reflexive massage

## BIOENERGETICS

Bioenergetic check-up  
Energy test and control  
Cellular resonance treatments  
Resonax  
Pain Therapy

## HYDRO-MUD THERAPY

Hydro-Aroma therapy  
Phyto-Mud therapy  
Hydrojet-Shower

Guests have free access to saunas, pools and hammams, and there is a dedicated sauna area for women





# Health and Nutrition

**Compulsory medical visit**

Initial visit, follow-up and final visit  
3 x 30 min. € 302,00

Single medical visit  
30 min. € 112,00

**Body composition examination (DEXA Scanner)**

(fat mass - muscle mass - bone density)  
30 min. € 145,00

**Colon hydrotherapy**

60 min. € 145,00

**Osteopathy**

60 min. € 150,00

**Physiotherapy**

60 min. € 145,00

**Revitalising therapy**

Vitamin and supplements infusion  
30 min. € 100,00

Anti-age plus infusion  
30 min. € 145,00

**Oxygen-ozone therapy**

The therapy strengthens the body's defences while transportation of oxygen to the cells is optimised.  
30 min. € 175,00

**Acupuncture**

Ancient Chinese therapy for the stimulation of energy points. Uses thin sterile needles.  
30 min. € 90,00

**Inhalation**

30 min. € 40,00

**Inhalation x3**

3x30 min. € 100,00

**Laboratory analysis on medical consultation**

General profile - Hormonal profile - Cardiac profile - Sereum iron profile - Osteoporosis profile - Dysmetabolic profile - Rheumatoid profile - Fatty acid and vitamin profile - Tumour markers - Helicobacter pylori - Food intolerances (IgG) - Anti-age profile - Urine culture + Antibigram - Covid-19 antibody titration



# Nutrition

## Dietary advice

Assessment of dietary habits and development of personalised dietary plan to observe during the treatmet and at home.  
30 min. € 90,00

## Cooking course

Learn some secrets to take home with you together with the kitchen staff and under the supervision of the nutritionist. The course is held directly in the kitchen.  
1h 30 min. € 70,00

# Detox diet

This diet aims at deep cleansing for the functional and energetic rebalancing of the body. The menu promotes the elimination of organic toxins through the excretory organs, such as the kidneys and liver. This is a predominantly vegetarian dietary plan that makes use of antioxidant, pH-neutral foods rich in vitamins and minerals. These sustain the body's natural defence processes against free radicals and cell ageing. The Detox path includes a vegetable stock-based “liquid diet” day.

# Biolight menu

The menu includes light and healthy dishes, inspired by the rich Mediterranean tradition. We use innovative preparation methods aimed at preserving all the precious organoleptic properties of the nutrients.

The duration of the treatments is given by way of example and also includes customer's welcome by the operator







## Spa & Fitness

### Facial treatments

#### Purifying and detoxing facial treatment

Exfoliating and restructuring treatment, aimed at cell renewal of facial skin. Highly recommended before other specific treatments, it has a detox and purifying effect and prepares the skin for optimal regeneration.

60 min.

€ 155,00

#### Illuminating nourishing facial treatment

Designed for stressed and dull skin. It has a highly toning effect and restores oxygenation, hydration and vitality.

60 min.

€ 155,00

#### Anti-age facial treatment

Excellent treatment for mature, dehydrated skin which combats free radicals and restores hydration and elasticity to the skin. An ally against the signs of ageing.

60 min.

€ 155,00

#### Drainage facial treatment

Ideal for faces affected by excessive puffiness. It targets vascularisation, regeneration and tissue elasticity through a specific connective facial massage.

60 min.

€ 155,00

### Body treatments

#### Energy massage

Performed manually and using the cupping technique, it can release energy blocks, acting on muscles and tendons, toning and regenerating them.

60 min.

€ 155,00

#### Back treatment



Intensive massage focused on the relaxation of the back muscles. It stimulates the energy points along the spinal and cervical column.

60 min.

€ 155,00

#### Abdominal treatment

Ideal for anyone with a distended abdomen or suffering from intestinal disorders or a blocked diaphragm, this me and promotes better bowel mobility and transit time.

60 min.

€ 155,00

#### Manual lymphatic massage

60 min.

€ 155,00



<b>Cellulite treatment</b> 60 min.	€ 155,00
<b>Scalp, neck and shoulder treatment</b> Excellent for preventing hair loss and boosting the health of the scalp. Aimed at improving blood circulation, oxygenating tissues and relieving tension in the back of the head, neck, shoulders and cervical area. 60 min.	€ 155,00
<b>Plantar reflexology</b> 60 min.	€ 155,00
<b>Traditional SPA beauty care</b>	
<b>Manicure (with nail varnish)</b> 30 min.	€ 60,00 (€ 80,00)
<b>Manicure with semi-permanent nail varnish (Shellac)</b> 60 min.	€ 90,00
<b>French manicure</b> 45 min.	€ 95,00
<b>Pedicure</b> 60 min.	€ 95,00
<b>Pedicure with semi-permanent nail varnish (Shellac)</b> 1h 30 min.	€ 105,00
<b>Hair removal</b>	
<b>Whole leg</b> 60 min	€ 95,00
<b>Partial leg</b> 30 min	€ 60,00
<b>Eyelash and eyebrow tinting</b> 60 min	€ 65,00
<b>Body peeling - Wet table</b> Includes the application of body exfoliating products, a hammam black soap massage and the use of a steam sauna cabin. 60 min.	€ 155,00

## Fitness

<b>One to one gym training</b> 60 min.	€ 150,00
<b>One to one package</b> 3 x 60 min.	€ 360,00
5 x 60 min.	€ 600,00
<b>TRX</b> Training that concentrates on suspension training integrated with bodyweight exercises. This approach is aimed at boosting strength, balance and physical flexibility. 60 min.	€ 150,00
<b>Kinesis</b> Functional training designed to boost the metabolism and improve posture, strength and suppleness. 60 min.	€ 150,00
<b>One to one pilates</b> 60 min.	€ 150,00
<b>Pilates Reformer</b> Specific equipment for pilates lessons. Requires the assistance of a personal trainer. 60 min.	€ 150,00
<b>Vacu Power</b> Vacu Power is a combination of a running machine and a depressurised capsule. It remodels the body, visibly reduces fat and cellulite the abdominal area and on hips and buttocks. Requires the supervision of a personal trainer. 60 min.	€ 160,00
<b>Package</b> 3 x 60 min.	€ 405,00
5 x 60 min.	€ 675,00
<b>Outdoor activity</b> Explore the natural beauty of Merano during physical activity. The programmes and trails are led by a personal trainer. 2h	€ 160,00
3 x 2h	€ 405,00
<b>Pilates and Acquagym</b> Group training in the gym or pool from 4 pm to 6 pm.	
Service included in the stay.	



**Postural assessment**



Innovative method that uses advanced technology to analyse gait, pelvic position and dynamic control of body stability. It effectively identifies postural defects, problems in foot placement and leg movements. It monitors in real time using advanced sensors and artificial intelligence. This analysis provides key information to help prevent problems with the spinal column and musculoskeletal.

60 min.

€ 150,00

**Postural fitness**

Programme of personalised exercises aimed at restoring the balance of the musculoskeletal system.

3 x 60 min.

€ 360,00

**CRYO - Lifecube®**



It subjects the body to low temperatures in order to relieve pain, reduce inflammation and promote a state of wellbeing. It stimulates the metabolism and blood circulation, helps to eliminate toxins and balance the endocrine system. It is very effective for post-training or post-injury recovery. After a medical assessment, it is carried out in a specific chamber where the temperature drops to -110° with a maximum treatment time of 3 minutes.

30 min.

€ 90,00

**Private lessons on request:**

Swimming - Tennis - Skiing - Golf - Mountain hikes

**We recommend packing a swimming costume, tracksuit and trainers.**  
**In the event of bad weather, the activities will be held indoors.**

The duration of the treatments is given by way of example and also includes customer's welcome by the operator







## Relax & Balance



### Yoga massage

An anti-stress treatment which is ideal for boosting general mental and physical relaxation. The body is treated with stretching and twisting exercises to release tightness, increase flexibility and free the diaphragm and lungs from tension. The treatment is carried out on a special futon.

60 min.

€ 155,00

### Floating therapy

Relaxation technique in water infused with Epsom salts and heated to body temperature. The body floats at zero gravity in a setting devoid of lights, sounds and external stimuli, creating an optimal state of tranquillity. It is ideal for mental and physical recovery, combating the accumulation of stress and boosting muscle recovery while boosting creativity and concentration.

1h 30 min.

€ 150,00

### Floating therapy x2

2 x1h 30 min.

€ 250,00

### Connective-reflexive massage

“Dry” manual massage technique, without the use of oils and creams, it stimulates, revitalises and strengthen connective tissue. Targeted manipulations soothe localised pain in the area treated and promote regenerative effects on internal organs and tissues. Effective remedy to combact blemishes such as scars, cellulite and stretch marks, as well as reducing muscular tension and cramps. It provides relief for joint and cervical pain by generating a profound sense of physical and mental wellbeing. The massage is carried out on an ergonomic chair for maximum comfort.

60 min.

€ 155,00

### Mindfulness

An activity that uses guided meditation techniques and exercises. A state of profound relaxation, focus and concentration is achieved by directing conscious attention to breathing and the movement of the diaphragm..

30 min.

€ 90,00

### Total relax

Complete reflexology. It starts by stimulating the reflex points of the organs in the feet and continues with the treatment of the head and face.

60 min.

€ 155,00

### Energetic awakening

Group activities indoors, every day from Monday to Friday, from 8 am to 10 am. Including Kundalini meditation, 5 Tibetan rituals, stretching and various breathing techniques.

Service included in the stay.

The duration of the treatments is given by way of example and also includes customer's welcome by the operator





# Bioenergetics

## Bioenergetic check-up

The equipment works on the central nervous system from a holistic point of view and provides a general overview of the body's energy balance. It allows measuring the person's energy reserves and, by evaluating the "vitality factor", indicates the correct therapeutic path to follow during subsequent treatments.

## Expert plus test

It performs a targeted bioenergetic diagnosis. It investigates the imbalance points, organ by organ, of the meridians and allows the correct rebalancing therapy to be carried out, through stimulation of the "control points" with non-invasive electro-acupuncture (no needles and no pain) and is able to detect the causes of intolerances.

## Select

A bioresonance device. Bioresonance is a body energy analysis method based on the waves produced naturally by the human body. This treatment checks the energy flow quality of the individual organs and corrects any imbalances both as a preventive measure and to support the healing of certain disorders. Bioresonance "reprograms cells, rebalancing them" through low frequency energy waves.

## Resonax

A device that emits low frequency waves and is used as a therapy to combat joint pain and muscle tension. On an energy level, it helps to release so-called "energy blockages" and improve vital energy passing through the meridians.

<b>Bioenergetic assessment</b> (Bioenergetic check-up and interpretation) 30 min.	€ 205,00
<b>Treatment and control</b> 30 min.	€ 90,00
<b>Pain therapy</b> Aimed at efficiently managing the causes and manifestation of chronic or acute pain. It uses a multidisciplinary approach between the doctor and therapist and involves the use of specific instrumentation targeted at the area to be treated. 30 min.	€ 90,00
<b>Pain therapy x2</b> (2 x 30 min.)	€ 150,00
<b>Pain therapy x3</b> (3 x 30 min.)	€ 210,00

The duration of the treatments is given by way of example and also includes customer's welcome by the operator





# 💧 Hydro-mud therapy

Hydrotherapy acts directly on the body's main communication networks: capillaries, lymphatic circulation and the nervous system. It is divided into three phases:

## Hydro-aroma therapy

It is a particular hydro-massage technique with the addition of essential oils and mother tinctures. The variations in temperature and water pressure, in addition to the action of plant extracts, act on the vasodilation or vasoconstriction of the capillaries. Benefits: it ensures a fundamental benefit for the capillaries and for the peripheral blood circulation. Helps eliminate toxins and fats deposited in the tissues. Stimulating and toning effect, to strengthen natural physiological functions, to counteract and protect from damage caused by ageing.

## Phyto-mud therapy

The soft and pleasant mud, used in the wraps, is enriched with pure microalgae, white or green clays, pure essential oils and mother tinctures. Benefits: draining and detoxing. It eliminates physical and mental stress and tension, both nervous and muscular.

## Hydro-jet

It is the last and third phase of hydro-energy treatments: a jet of water on the body, directed with precision, restores energy and vitality. Benefits: it tones and firms the body.

<b>Hydro-aroma therapy, phyto-mud therapy and hydro-jet</b> 60 min.	<b>€ 175,00</b>
<b>Hydro-aroma therapy</b> 20 min.	<b>€ 90,00</b>
<b>Phyto-mud therapy</b> 20 min.	<b>€ 100,00</b>
<b>Hydro-aroma therapy and hydro-jet</b> 40 min.	<b>€ 105,00</b>

The duration of the treatments is given by way of example and also includes customer's welcome by the operator





# Hi-tech Aesthetic Face

## MESOJET New

Radiofrequency, hydroporation and painless mesotherapy without needles. The treatments work together to renew the skin barrier, reduce sun spots and stimulate the production of collagen and elastin in the skin. Facial skin is more toned, brighter and wrinkles appear visibly smoother.

<b>Complete basic treatment</b> (drainage - peeling - vascularisation / radiofrequency - hydroporation) 60 min.	€ 265,00
<b>Follow-up treatment</b> (drainage - hydroporation) 30 min.	€ 175,00
Package: basic treatment + 3 follow-up treatments	€ 660,00

## PLASMOZONIC

Anti-age/lifting effect Plasma, ozone and ultrasound against skin ageing. Latest-generation treatment that improves skin elasticity, oxygenates the tissues and reduces fine lines. It boosts the absorption of the active ingredients transported by plasma. 60 min.	€ 250,00
3 x 60 min.	€ 650,00

## REXON-AGE 2

An innovative, non-invasive therapy that induces biostimulation and regeneration of the skin on the surface and deep down. It activates the skin's natural cell renewal which appears more supple, smooth and soft. The treatment is relaxing and very enjoyable creating a pleasant feeling of warmth. 30 min.	€ 200,00
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OXPOLAR

Exfoliating - Nourishing - Oxygenating

An innovative technology to rejuvenate the skin of the face. Peeling combined with oxygen increases the skin’s permeability and optimises the deep-down absorption of the nutrients. It firms the skin restoring suppleness and brightness.

Basic treatment

(peeling - nourishment)

30 min. € 160,00

Complete treatment

(peeling - nourishment - radiofrequency treatment))

60 min. € 250,00

INDIBA® DEEP CARE

A monopolar radiofrequency technology with deep regeneration treatments. It increases the permeability of the membrane cells, re-establishes microcirculation and improves oxygen flow in the tissues. Deep fat cells rapidly lose volume, toxins are eliminated and fluid retention (oedema, lymph) is reduced. Indiba® Deep Care is recommended for skin firming, body reshaping, cellulite reduction and pre- and post-surgery treatments.

**Indiba face:** reduction of wrinkles, correction of double chin, firming of the skin on the neck, face and other areas of the body.

60 min. € 220,00

3-session package € 605,00

SKIN ANALYZER Q1

Facial skin assessment. A very thorough skin test: it detects any skin problems and offers personalised recommendations for skincare routines and products.

€ 50,00

Facial treatment for her and him

Facial Basic Skin Care

Facial cleansing, peeling and drainage, toning and stimulation of the dermis to increase collagen production.

Facial Revitalizing

Applications tailored to the individual needs of the skin to eliminate signs of fatigue. Superficial and deep-down skin biostimulation and regeneration. Improves the elasticity of the skin and oxygenation of the tissues, smooths fine lines and boosts the absorption of the active ingredients transported via plasma.

• 1 Detox facial treatment

1 x 60 min.

• 1 Jet Peel

1 x 60 min.

• 1 Rexonage

1 x 30 min.

Package € 520,00

• 1 Brightener facial treatment

1 x 60 min.

• 1 Anti-ageing facial treatment

1 x 60 min.

• 2 Plasmozonic

2 x 60 min.

• 1 Rexonage

1 x 30 min.

Package € 840,00

The duration of the treatments is given by way of example and also includes customer’s welcome by the operator





# Hi-tech Aesthetic Body

## REGAIN STYLE - BODY TONING



New body toning and remodelling technology.  
The device helps to build and sculpt muscles in just a few sessions in a non-invasive manner.

<b>Toning and remodelling</b>	
30 min.	€ 150,00
5-session package	€ 650,00

## ROBOLEX BODY CONTOURING

Body remodelling combining vacuum, cavitation, low-power laser and multi/bipolar radiofrequency. Lipocytes in the treated area are dissolved by the ultrasonic waves of cavitation and subsequently dissolved using bipolar radiofrequency. Cellulite is reduced by the low-power laser. Lastly, the vacuum rapidly drains the dissolved lipocytes, stimulating local microcirculation and maintaining skin elasticity.

30 min.	€ 250,00
2 x 30 min.	€ 450,00
3 x 30 min.	€ 650,00

## TRILIPO - BODY SHAPER

Tension action  
Stimulation of the dermis, hypodermis and muscles for a triple action of fat tissue reduction and body reshaping. The thermal effect accelerates the natural process of fat metabolism. It is applied to the face, neck, arms and body with a lifting and toning effect on the skin. It also improves blood circulation and tissue oxygenation through detoxification and lymphatic drainage.

30 min.	€ 220,00
3-session package	€ 550,00

## INDIBA® DEEP CARE

A monopolar radiofrequency technology with deep regeneration treatments. It increases the permeability of the membrane cells, re-establishes microcirculation and improves oxygen flow in the tissues. Deep fat cells rapidly lose volume, toxins are eliminated and fluid retention (oedema, lymph) is reduced. Indiba® Deep Care is recommended for skin firming, body reshaping, cellulite reduction and pre- and post-surgery treatments.

**Indiba body:** reduction of the abdomen, thighs and buttocks, firming of the arms, post-pregnancy body contouring, mobilisation of localised fat and reduction of fat nodules.

60 min.	€ 220,00
3-session package	€ 605,00



SHOCK WAVES– STORZ MEDICAL

Anti-cellulite shock treatment	
It stimulates the connective tissues and activates muscles, improves the lymphatic system and blood circulation.	
Used on arms, legs and abdomen, the skin becomes more supple and compact.	
30 min.	€ 240,00
3-session package	€ 615,00

SKINEO

Non-invasive treatment for various parts of the body, such as arms, abdomen and legs - recommended for II types of cellulite.	
30 min.	€ 155,00
5-session package	€ 660,00

DIGITAL PRESS

Pressotherapy, infrared rays and stimulation help eliminate toxins, reduce localised fat deposits and combat water retention.	
60 min.	€ 190,00
3-session package	€ 465,00

Body treatment  
for her and him

Body Shape  
& Sculpting

Robolex combination of vacuum - laser and radio frequency for lipo-reducing action. Indiba - deep fat cells rapidly decrease in volume. Skineo - ultrasound impulses for skin and tissue firming.

- 2 massages (abdomen/cellulite/lymphatic draining -of your choice)  
2 x 60 min.

- 2 Robolex body contouring  
2 x 30 min.

- 1 Indiba Deep Care  
1 x 60 min.

- 2 Skineo  
2 x 30 min.

Package	€ 1.110,00
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- Arm remodelling  
2 Regain Style | 2 x 30 min.  
3 Trilipo | 3 x 30 min.

Package	€ 860,00
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- Abdomen remodelling  
2 Regain Style | 2 x 30min.  
3 Indiba body | 3 x 60 min.

Package	€ 860,00
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- Buttock remodelling  
3 Regain Style | 3 x 30 min.  
2 Robolex | 2 x 30 min.

Package	€ 860,00
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Body Toning  
& Remodelling

New body toning and remodelling technology. The Regain Style device helps to remodel the areas in question (arms, abdomen and buttocks) and optimises the final result in combination with Trilipo, Indiba and Robolex.

The duration of the treatments is given by way of example and also includes customer’s welcome by the operator



# Price list of suites

The rates are **per room per night** and subject to availability and might change without notice.



	Suite Palace	Suite Panorama	Suite Castle	Suite Castle Rooftop	Suite Imperial Sissi
Comfort	€ 690,00	€ 1.000,00	€ 820,00	€ 840,00	–
Comfort Terrace	€ 735,00	–	–	–	–
Park Superior	€ 1.100,00	€ 1.150,00	–	–	–
Park Deluxe	€ 1.230,00	€ 1.280,00	€ 1.100,00	–	–
1 bedroom	–	–	–	€ 1.400,00	€ 1.600,00
2 bedrooms	–	–	–	€ 2.000,00	€ 2.200,00

# Price list of junior suites

The rates are **per room per night** and subject to availability and might change without notice.



	Junior Suite	Junior Suite Panorama
Comfort	€ 660,00	€ 800,00
Comfort Terrace	–	–
Park Superior	–	–
Park Deluxe	€ 790,00	–
1 bedroom	–	–
2 bedrooms	–	–



# Price list of rooms

The rates are **per room per night** and subject to availability and might change without notice.



	Single room	Double room single use	Double room
Comfort	€ 370,00	€ 560,00	€ 590,00
Comfort Terrace	–	–	–
Park Superior	–	€ 640,00	€ 670,00
Park Deluxe	€ 500,00	€ 670,00	€ 700,00
1 bedroom	–	–	–
2 bedrooms	–	–	–

# How to calculate a one week package in a single room

7 nights and 6 days of treatments with Detox programme:



+ € 4.050,00 (Detox programme price)  
+ € 2.590,00 (single room comfort)  
= € 6.640,00

**Extra: 3 compulsory medical visits**  
visit  
control  
assistance  
**€ 302,00**

# How to calculate a one week package in a double room

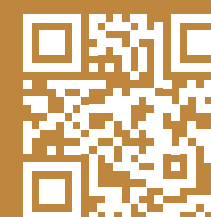
7 nights and 6 days of treatments with Detox programme:



+ € 4.050,00  
(Detox programme price per person)  
+ € 2.065,00  
(double room comfort per person)  
= € 6.115,00 per person

**Extra: 3 compulsory medical visits**  
visit  
control  
assistance  
**€ 302,00**





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